

Declutter Checklist

1. Clothes Closet

- Remove all items
- Open 3 bags or baskets: Keep, Trash, Donate
- Consider:
 - Does It Fit?
 - Do I Look Good In It?
 - Have I Worn This In The Past Year?
 - Is This Item Stained Or Damaged?
- Cull out the items and place in the bags or baskets
- Clean Closet Thoroughly
- Organize clothes according to color and type

2. Kitchen

- Remove all items
- Open 3 bags or baskets: Keep, Trash, Donate

- *Consider:*

- *Is the Food out of Date*
 - *Sauces*
 - *Spices*
 - *Canned Goods*
 - *Packaged Goods*
- *Are the Pots and Pans still usable?*
 - *Handles broken?*
 - *Nonstick coating damaged?*
 - *Glass cracked or chipped?*
- *Do I need all of the cooking utensils I have?*

3. *Linen Closet*

- *Remove all items*
- *Open 3 bags or baskets: Keep, Trash, Donate*
- *Consider:*
 - *Do I need all of these Linens?*
 - *Are these linens threadbare, stained, or damaged?*
 - *Do the sheets still fit?*
 - *Are the towels still absorbent?*